

# ADAPTIVE NEEDS

## OPPORTUNITIES FOR ALL!!

### Programs for Adaptive Needs Individuals

Mill Valley Recreation strives to build awareness, understanding, and overall capacity in the service of young people with disabilities to provide a more inclusive and enriching recreational experience for all. We have partnered with Project Awareness And Special Sports (PAASS) to provide an array of Adaptive Needs programming throughout the year. PAASS provides opportunities for children and young adults with developmental delays learning differences to develop the skills needed to participate in local community based sports leagues and recreational opportunities. Here at Mill Valley Recreation we offer programming for adaptive needs youth in either inclusion based programs or specialty adaptive needs classes.

If your adaptive needs child would like to attend a typical recreation program, please contact the Supervisor of the program to discuss needs for inclusion.

The below classes are designed specifically for adaptive needs youth of all different abilities and needs.

### Kid Dance Brigade for Adaptive Needs

Everyone can dance. Joy has no limitation. In an adaptive needs dance class with Mr. Tom students can fully express themselves in a friendly environment. In the study of dance students will experience motor skills, and a visual aesthetic can develop. Parents, family and caretakers are welcome to participate. To know more about the teacher, go to [www.tommayock.com](http://www.tommayock.com)

**Instructor: Tom Mayock, 8 classes**

Age	Day	Dates	Time	Fee	Course #
All Ages	M	3/27-5/22	5:15-5:55pm	\$141	42014

**Location: Community Center, Dance/Fitness Room**

### Martial Arts for Adaptive Needs

A Martial Arts class designed with movements and techniques that are geared towards students with various Adaptive Needs. This format will be both insightful and physically experiential. In addition; sensitive individually as well as collectively, creating a safe, fun and energetic environment. Self confidence and self esteem will be emphasized and practiced! Al Loren is the teacher of this class with over twenty five years of teaching experience in the Adaptive Needs area. He is well known in Marin County for his gentle way and successful results.

**Instructor: Al Loren, 7 classes**

Age	Day	Dates	Time	Fee	Course #
All Ages	F	3/31-5/26	3:15-4pm	\$141	42013
All Ages	F	3/31-5/26	4:05-4:50pm	\$141	42515

**Location: Community Center, Dance/Fitness Room**



### Camp PAASS Without Boundaries

This camp is a uniquely structured 1 week program designed to offer the typical day camp experience for youth adaptive and special needs. This 5 full-day camp offers the hallmark of summer camp activities such as Games & Sports, Arts & Crafts and summer fun geared towards providing a place for kids to be themselves while making friends and trying new experiences. Guest instructors will lead campers through specialty activities including music, nature hikes, dancing, cooking and more! Campers will swim supervised M/W/F afternoons after a short daily water safety presentation. Through these activities, Camp PAASS Without Boundaries seeks to promote a positive self-image and teamwork among campers while having fun. Staff to camper ratio is 1:3. Completed camper intake form required after registration.

**Instructor: TBA, 5 classes**

Age	Day	Dates	Time	Fee	Course #
7-12	M-F	7/24-7/28	9am-3pm	\$226	41253
7-12	M-F	7/31-8/4	9am-3pm	\$226	41254
7-12	M-F	8/7-8/11	9am-3pm	\$226	41255

**Location: Community Center, Manzanita Room**

### Adaptive Needs Swim Lessons

Interested in having your child learn to swim? The Aquatics & Fitness Center offers private swim lessons for adaptive needs youth in addition to inclusive programs depending on swimmer's ability and demand for safety in the pool. Please contact the Aquatics Coordinator at 415-383-1370 to inquire.



For more information on PAASS please go to [www.projectawarenessandspecialsports.org](http://www.projectawarenessandspecialsports.org). To make a donation, or to sponsor a program please contact Janet Miller at [janetm@ri-net.com](mailto:janetm@ri-net.com).